

JANESVILLE FIGURE SKATING CLUB

4th Annual

SK8N ON THE ROCK



COMPETITION

Saturday, May 17, 2008

Janesville Ice Skating Center
821 Beloit Ave., Janesville, WI

All Events Approved by US Figure Skating
Proud Member of 1st Annual Wisconsin Series
Additional Information Can Be Found at
www.janesvillefsc.org

Closing Date: April 5th, 2008

2008 "SK8N ON THE ROCK" BASIC SKILLS COMPETITION
May 17,2008

Eligibility Rules for Participants

- The competition is open to ALL SKATERS who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must register with the Basic Skills program/club.
- Eligibility will be based on skill level as of closing date of entries (April 5th, 2008). All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed or one level higher. They are only allowed to skate one level lower or higher then there current level
- Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Awards

- The presentation of awards will take place off ice, immediately following the completion of the event and the posting of results. Awards are presented 1st through 6th place. Everyone receives an award. Group and individual photos will be taken at that time.

Entries and Fees

- \$35.00 for the first event
- \$12.00 for each additional event
- **All entries must be postmarked no later than April 5th, 2008. Late entries may not be accepted and will be subject to at \$20.00 late fee.** Please make fees payable to Janesville Figure Skating Club and must accompany the application. There are no refunds given without a written medical excuse from your physician. We charge a \$25.00 fee for all NSF checks. Participants may not compete until all fees are settled
- Entry fees are not refundable after the entry deadline unless the event is canceled or with a written medical excuse from your physician.
- **ENTRY FORMS MUST BE FILLED OUT COMPLETELY** and returned with check made payable to: Janesville Figure Skating Club. **TO RECEIVE CONFIRMATION PLEASE SUBMIT SELF ADDRESSED STAMPED ENVELOPE WITH REGISTRATION FORM AND PAYMENT.**

Schedule of Events

- Confirmation and directions to the rink will be mailed one week prior to the competition. All competitors should arrive at the rink 45 minutes prior to their scheduled event. All competitors must check in at the registration desk, which will be located in the entrance of the rink. The events can start up to 45 minutes ahead of schedule. Each skate will also receive a 5 minute warm up per event.

Dress

- All competitors are responsible for their own skating attire. It is not required that skaters wear a skating outfit. If a skater chooses not to wear a skating outfit, we do ask that they wear something that they feel comfortable in and allows them to move easily. (NO jeans please)

Practice Ice

- Practice ice may be available preceding the competition on Saturday morning. Information will be sent with your confirmation.

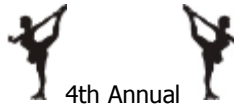
Music

* Music for all free skating programs must be provided on cassette tapes/CDs by the skater. Tapes/CDs should be clearly marked with the name of the skater, event entered and length of music (not skating time.) Competition music is to be turned in at the time of registration. Time duration is always +/- 10 seconds. CDs must be formatted in CD-R format. A duplicate tape/CD should be available if needed. Vocal music will be permitted. No more then a 5 sec delay, and only one piece on music per CD.

INQUIRIES-

Please direct all inquiries to **Elizabeth Brackett 608-289-9529** or **contact us through our website.**

Information on lodging is provided at this web address-- <http://www.janesvillecvb.com/lodging.asp>
A map to Janesvilles Ice Center can be found at this web address-- <http://www.janesvillecvb.com/maprec.asp>



4th Annual
SK8N ON THE ROCK
COMPETITION
ENTRY FORM

Skaters Name _____ Age _____ Date of Birth _____ Sex _____

Address _____ City _____

State _____ Zip _____ Email _____

Phone # _____ Highest Learn To Skate Badge and/or Highest Test Passed _____

Phonetic spelling of Skaters' FULL name _____

USFSA or Basic Skills # _____ Home Club _____

Coaches Information

Name _____ E-mail _____ Phone _____

Address _____ City _____ State _____

(Circle one please) YES or NO I am interested in being a judge.

Carefully check events to be entered in :

Basic Elements:

Snowplow Sam/ Tots _____ Basic 1 _____ Basic 2 _____ Basic 3 _____ Basic 4 _____

Basic 5 _____ Basic 6 _____ Basic 7 _____ Basic 8 _____

Basic Program Events:

Snowplow Sam/ Tots _____ Basic 1 _____ Basic 2 _____ Basic 3 _____ Basic 4 _____

Basic 5 _____ Basic 6 _____ Basic 7 _____ Basic 8 _____

Compulsory Events:

Limited Beginner _____ Beginner _____ No Test _____ Pre – Pre _____ Preliminary _____

Test Track:

Limited Beginner _____ Beginner _____ No Test _____ Pre – Pre _____ Preliminary _____

Well Balanced Program :

No Test Free Skate _____ Pre- Pre _____ Preliminary _____

Artistic _____

Interpretive _____

I have reviewed the above application. I hereby certify that the above skater is an amateur member and is eligible to enter the events specified.

Coach / Instructor

It is agreed that the competitor and family hold the Janesville Figure Skating Club and the Janesville Ice Center harmless for any and all liability for damages to or loss of property.

Competitor

Parent / Guardian

Date

Certification of Club Officer : Only Pre – Preliminary and Preliminary skaters needs this.

To the best of my knowledge, the information on this form is true and correct. This competitor is a member of our club and is a member in good standing.

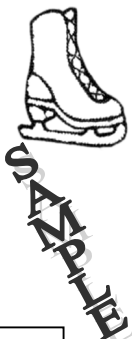
Signature of Club Officer

Title (President, Vice-President, Secretary)


Date


ENTRY FORM Part 2


Make your skater feel special! Purchase a personal "Good Luck" ad to be printed in our souvenir program for only \$5. Choose from one of the 5 designs below, express your well wishes & sentiments in 25 words or less and we will personalize it with your skaters name! Put a "X" in the box of the design of your choice and write your message on the lined area provided at lower right of designs




Skate Your
Best
Lori !
You're
Our #1
GR8 SK8R!
Good Luck
Love
Grandpa &
Grandma









**Please Print Message
Clearly**

SK8N ON THE ROCK 2008 T-Shirts are \$10.00 ea.- XXL size is \$12.00 Mark desired size and quantity. Remember to include your T-shirt total in purchase totals at bottom of this form.

Adult XXL Adult M Youth M
 Adult XL Adult S Youth S
 Adult L Youth L

Total Number of Shirts Ordered _____

**ENTRIES MUST BE POSTMARKED BY APRIL 5TH, 2008
LATE ENTRIES MAY BE DENIED**

**AND ARE SUBJECT TO A
\$20 LATE FEE**

**SEND COMPLETED ENTRY FORMS
AND SELF ADDRESSED
STAMPED ENVELOPE TO:**

**JFSC- SK8N ON THE ROCK
C/O Janesville Ice Skating Center
PO Box 797
Janesville WI 53547**

Personalized Skater Ad		\$ 5.00	\$ _____
T-Shirt total	_____ X	\$10.00	\$ _____
XXL sz	_____ X	\$12.00	\$ _____
1 st EVENT		\$35.00	\$ _____
2 nd EVENT		\$10.00	\$ _____
3 rd EVENT		\$10.00	\$ _____
4 th EVENT		\$10.00	\$ _____

PRACTICE ICE

\$7.00/per 20 min session

(limit 2 sessions per skater)

Number of sessions _____ X \$ 7.00 \$ _____

TOTAL \$ _____

– Basic Elements

- To be skated on 1/2 ice. There is no referee assisting with the elements
- No music.
- All elements must be skated any additions, repeats or omitted moves will be penalized.
- Time limit: 1 minute or less

Snowplow Sam – TOTS

1. March followed by a two foot glide and dip
2. Forward two foot swizzles 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles 2-6 in a row

Basic 1

1. Forward two foot glide
2. Forward two foot swizzles – 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles 6-8 in a row

Basic 2

1. Forward one foot glide – either foot
2. Backward two foot swizzles – 6-8 in a row
3. Two foot turn in place – forward to backward
4. Moving snowplow stop
5. Forward alternating 1/2 swizzle pumps, in a straight line – across width of ice

Basic 3

1. Forward stroking
2. Forward 1/2 swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive
3. Moving forward to backward two foot turn – either direction
4. Backward one foot glide – either foot
5. Two foot spin

Basic 4

1. Forward outside edge on a circle clockwise or counter clockwise
2. Forward crossovers 6-8 consecutive both directions
3. Forward outside 3-turn R and L
4. Backward stroking
5. Backward snowplow stop R or L

Basic 5

1. Backward outside edge on a circle – clockwise or counter clockwise
2. Backward crossovers 6-9 consecutive – both directions
3. One foot spin – min of three revolutions
4. Hockey stop
5. Side Toe hop – either direction

Basic 6

1. Forward inside 3-turn – R & L
2. T-stop – R or L
3. Bunny Hop
4. Forward arabesque spiral on a straight line R or L
5. Lunge – R or L

Basic 7

1. Forward inside open Mohawk – R to L and L to R
2. Ballet Jump, either direction
3. Back crossovers to a back outside edge landing position – clockwise and counter clockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside 3 turns R and L
2. Waltz jump
3. Mazurka – either direction
4. Combination move – clockwise or counter clockwise
5. Beginning one-foot upright spin, optional free foot position

Compulsory Event

In program form, using a limited number of connecting steps, the skating order of the required elements is optional
Time 1:00 or less unless otherwise stated

½ ice with no music

The skater must demonstrate the required elements and may use any additional elements from previous levels

A .2 deduction will be taken for each element performed from a higher level

Skaters may have the option to skate one level higher in compulsories than their free skate program.

Limited Beginner Compulsory

May NOT have passed any official U.S Figure Skating free skate tests

1. 1/2 jump of choice
2. Waltz Jump
3. Forward or backward spiral
4. Forward two foot or one foot spin (free leg position optional)

Beginner Compulsory

May NOT have passed any official U.S Figure Skating free skate tests

1. Toe loop jump
2. Salchow jump
3. Forward Scratch spin
4. Forward or backward spiral

No Test Compulsory

May NOT have passed any official US Figure Skating free skate tests.

1. Loop jump
2. Jump combination to include a toe loop (may not use a loop or Axel)
3. Solo spin – sit or camel spin
4. Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.

Pre- Preliminary Compulsory Program

Must have passed no higher than US Figure Skating pre – preliminary free skating test

1. Flip Jump
2. Jump combination waltz jump / toe loop jump OR salchow/toe loop jump
3. Solo spin – sit or camel spin
4. Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.

Preliminary Compulsory Program

Must have passed no higher than US Figure Skating preliminary free skating test

Time max. 1:15

1. Lutz Jump
2. Jump combination (may not use Lutz jump or Axel)
3. Camel spin
4. Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.

Basic Programs with Music Event

- The skating order of the required elements is optional.
- The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions etc., unless otherwise stated.
- **Vocal music is allowed.**
- May use elements from previous level. A .2 deduction will be made for each element skated from a higher level.
- Time is 1 minute +/- 10 sec., to be skated on full ice

Snowplow Sam Program (Tots)

1. March followed by a two foot glide and dip
2. Forward two foot swizzles 2 – 3 in a row
3. Backward wiggles 2 – 6 in a row
4. Forward snowplow stop

Basic Program 1:

1. Forward two foot glide
2. Forward two foot swizzles – 6-8 in a row
3. Backward wiggles 6 – 8 in a row
4. Forward snowplow stop

Basic Program 2:

1. Forward one foot glide –either foot
2. Two foot turn in place – forward to backward
3. Backward two foot swizzles – 6 -8 in a row
4. Forward alternating ½ swizzle pumps, in a straight line- across width of ice
5. Moving snowplow stop

Basic Program 3:

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 – 8 consecutive
3. Moving forward to backward two foot turns – either direction
4. Backward one foot glide – either foot
5. Two foot spin

Basic Program 4:

1. Forward outside edge on a circle clockwise or counter clockwise
2. Forward crossovers 6 – 8 consecutive both directions
3. Forward outside 3-turns – Right and Left
4. Backward stroking
5. Backward snowplow stop – Right and Left

Basic Program 5:

1. Backward outside edge on a circle – clockwise or counter clockwise
2. Backward crossovers 6 – 8 consecutive – both directions
3. One foot spin – min. of three revolutions
4. Side Toe hop- either direction
5. Hockey stop

Basic Program 6:

1. Forward inside 3-turn Right or Left
2. Bunny hop
3. Forward arabesque spiral on a straight line right or left
4. Lunge – right or left
5. T-stop – right or left

Basic Program 7:

1. Forward inside open Mohawk – right to left and left to right
2. Ballet jump either direction
3. Back crossovers to a back outside edge landing position – clockwise and counterclockwise
4. Forward inside pivot

Basic Program 8:

1. Moving forward outside or forward inside 3- turns right and left
2. Waltz Jump
3. Mazurka – either direction
4. Combination move- clockwise or counterclockwise- (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge).
5. Beginning one-foot upright spin, optional free foot position

Test Track

Skaters may enter EITHER the new test track or the well-balanced free skate track but NOT both. Competitors will skate to music of their choice. Deductions WILL be made for skaters including technical elements not permitted in the event description. All program up to 1:30 +/- 10 in length

Limited Beginner Test (Skills up to and including Freeskate 2)

May not have passed any official U.S. Figure Skating free skating tests.

Solo spins in an upright position (min 3 rev.), jumps with not more than one-half rotation (front to back or back to front). No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.

Beginner Test (Skills up to and including Freeskate 3)

May not have passed any official U.S. Figure Skating free skating tests.

Solo spins in an upright position (min 3 rev. and no flying spins), jumps with not more than one half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.

Pre-Preliminary Test (Skills up to and including Freeskate 6)

May not have passed any official U.S. Figure Skating higher than pre-pre free skate test

At least two solo spins of a different nature (min. 3 revolutions and no flying spins), all single solo jumps allowed (no axels), jump combinations or sequences using only a waltz jump, toe loop, and salchow. Connecting moves and steps should be demonstrated throughout the program.

Preliminary Test

May not have passed any official U.S. Figure Skating free skating tests higher than preliminary free skate

At least two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.

Well- Balanced Program Requirements (U.S. Figure Skating rulebook requirements)

No Test Free Skate	A well balanced program consisting of: Jumps: maximum of 5 jump elements. No axels or double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook # 3721 for more information</i>	May <u>not</u> have passed any official U.S. Figure skating free skate tests.	Time: 1:30 + / - 10
Pre – preliminary Free Skate	A well-balanced program consisting of: Jumps: maximum of 5 jump elements. No double jumps permitted. Spins: maximum of 2 spins of different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook # 3711 for more information</i>	Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test	Time: 1:30 + / - 10
Preliminary Free Skate	A well balanced program consisting of: Jumps: maximum of 5 jump element, one must be an axel or waltz jump type plus up to two different double jumps as individual jumps, jump sequences or jump combinations are allowed. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook # 3701 for more information</i>	Must have passed no higher than U.S. Figure Skating Preliminary free skate test.	Time: 1:30 + / - 10

Artistic Programs

Basic 3 through Preliminary are eligible for this event

- Program Duration 1:00-1:30. To be skated on full ice. Vocal Music is allowed.
- Jumps are limited to three jumps, no axels or double jumps allowed.
- Artistic impression and musical interpretation will be emphasized over technical skills.
- Costumes may not touch, drag on or litter the ice.
- No props allowed.

Interpretive

Basic 3 through Preliminary are eligible for this event

Duration 1:30- To be skated on full ice. No Free Skate tests passed higher than Preliminary. Quality of Skating and movement to the rhythm of the music should be emphasized more than technical difficulty. Skaters will hear the music selection twice on the ice during warm up, and once prior to skating their event. Skaters may not communicate with anyone other than the music monitor once they have heard the music. Interpretation of the music is given more emphasis than technical skills.

First Annual U. S. Figure Skating Wisconsin Basic Skills Series

During the competition season, skaters will have the chance to compete at six different clubs & arenas and earn points for a final standing. Awards will be presented to skaters with the highest point totals when they compete in three out of the six scheduled events. These awards will take place at the *Capitol Classic* competition on August 2, 2008.

Series Point System

The Freeskating and Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Here is the system for scoring points:

Place	Points
1	6
2	5
3	4
4	3
5	2
6	1

Each event has a maximum of 6 skaters. Points will be adjusted for events with less than 6 skaters.

A skater MUST enter BOTH the element/compulsory event and freeskating event in each of three competitions to be eligible for accumulating points. Awards will be presented to Snowplow Sam through Basic 8 for Compulsory Elements & Basic Programs, Test Track Compulsory and Test Track Freeskate Programs and Well Balanced Compulsory and Freeskate Programs.

All skaters who participate in at least 3 of the 6 competitions in the following events:

- Basic Elements
- Basic Program with Music
- Test Track Compulsory
- Test Track Freeskate
- Well Balanced Compulsory
- Well Balanced Freeskate

will be eligible to win an award with an overall total of points. *Skaters moving to the next level during the Series will take their points with them.*

◆ 2008 SCIS Basic Skills Competition
Swan City Ice Skaters

January 26, 2008

Beaver Dam Family Center
Gould Street
Beaver Dam, WI 53916
920-887-2983

pddietz@powerweb.net

◆ 12th Annual

McFarland Basic Skills Competition

March 15, 2008

McFarland Ice Arena
4812 Marsh Rd.
McFarland, WI 53548

Contact: Amy Battista
608-239-3883

Amy4502@aol.com

◆ 5th Annual Snow Crystal Basic Skills
Competition

April 5, 2008

Pettit National Ice Center
500 S. 84th Street
Milwaukee, WI 53214

Contact: Lynn Paulsen
414-266-0100

lpaulsen@thepettit.com

◆ Midwest Basic Skills Competition

April 26, 2008

Eagles Nest Ice Arena
103 Lincoln Street
Verona, WI 53593

Contact: Dena Hineline
608-206-4512

marieh2001@hotmail.com

◆ Sk8n The Rock Basic Skills Competition

May 17, 2008

Janesville Ice Center
821 Beloit Avenue
Janesville, WI 53545
Contact: Elizabeth Brackett
608-289-9529

sk8n_jfsc@yahoo.com

◆ Capitol Classic 2008 Basic Skills Competition

August 2, 2008

Capitol Ice
2616 Pleasant View Rd.
Middleton, WI 53562

Contact: Alice Wentworth
608-833-5451

awentworth2@yahoo.com